

cast iron skillet identification guide

Cast Iron Skillet Identification Guide: Unlocking the Secrets of Your Vintage Cookware

cast iron skillet identification guide is an essential resource for anyone who loves cooking with this timeless kitchen staple or is curious about the history and value of their cast iron cookware. Whether you've inherited a mysterious skillet from a relative, found one at a flea market, or simply want to learn more about your current pan, knowing how to identify cast iron skillets can open a fascinating window into culinary history and help you appreciate the craftsmanship behind these durable pieces.

In this guide, we'll explore how to spot different brands, decipher markings, understand manufacturing eras, and recognize quality features that distinguish authentic vintage cast iron from more recent reproductions. Along the way, you'll pick up handy tips for caring for your skillet and even assessing its potential worth. Let's dive into the world of cast iron skillet identification and discover what makes each piece unique.

Why Identifying Your Cast Iron Skillet Matters

Cast iron skillets are more than just cooking tools—they are heirlooms, collectibles, and sometimes valuable antiques. Identifying your skillet correctly can:

- Help you preserve a piece of culinary history
- Inform you on the best seasoning and maintenance practices
- Assist in determining the skillet's market value
- Guide you in finding compatible lids or accessories
- Enhance your cooking experience by understanding your pan's characteristics

Many cast iron enthusiasts seek out skillets from renowned manufacturers like Griswold, Wagner, or Lodge, each with distinct features and stories. Knowing what you have in your kitchen can connect you to decades or even over a century of cooking tradition.

How to Identify Cast Iron Skillets: Key Features to Examine

Identifying a cast iron skillet involves careful observation of several elements. Here are the main areas to focus on:

1. Manufacturer's Markings and Logos

One of the most obvious clues to a skillet's origin is the emblem or text stamped or embossed on the bottom or handle. These marks often include:

- Company name or initials (e.g., “Griswold,” “Wagner Ware,” “BSR”)
- Model or pattern numbers
- Size indicators (usually in inches)
- Logos or symbols unique to the brand

For example, Griswold skillets are famous for their “crossed slanting lines” logo, while Wagner skillets often feature their name in an oval or script font. Some skillets may also have foundry numbers or patent dates.

2. Size and Weight

Cast iron skillets come in a range of sizes, typically measured by diameter. Older skillets often have size numbers ranging from 1 to 14, with popular sizes like 8, 9, and 10 being common. Weight can also be a telltale sign—vintage skillets tend to be heavier and thicker than modern counterparts due to different casting methods and materials.

Weighing your skillet and comparing it to known standards for a particular brand or size can help confirm its identity.

3. Smoothness and Texture of the Cooking Surface

The finish on the cooking surface can reveal the skillet’s age and quality. Early cast iron pans were polished to a very smooth surface, sometimes called a “smooth bottom” or “semi-smooth” finish, prized for excellent seasoning and non-stick capabilities. Later production lines often have rougher, sand-cast textures.

If you notice a silky, almost glassy interior, you might be holding a high-quality vintage skillet. Conversely, a rougher texture may indicate a more recent or mass-produced model.

4. Handle Design and Shape

Handles can vary significantly between manufacturers and decades. Some older skillets have distinctive “eyebrow” pouring spouts on one or both sides, while others may feature long, slender handles or more robust, rounded grips. The way the handle connects to the skillet body—whether smooth, riveted, or cast as one piece—can also give clues.

5. Presence of Date Codes or Patent Numbers

Some cast iron makers included date codes, batch numbers, or patent information on their skillets. These can be subtle and require research to decode but are invaluable for pinpointing the manufacturing year.

Popular Cast Iron Skillet Brands and How to Recognize Them

Griswold Manufacturing Company

Known as the “Rolls Royce” of cast iron, Griswold skillets are highly sought after. Manufactured in Erie, Pennsylvania, from the late 19th century until the 1950s, Griswold skillets are identifiable by:

- The “cross” logo with slanting lines and the word “Griswold” in script
- Smooth, glossy cooking surfaces
- Thin walls but heavy overall weight
- Size numbers inside the skillet near the handle or on the bottom

Vintage Griswold cookware often has a distinct “Erie” marking as well.

Wagner Ware

Wagner was another major American foundry, producing cast iron from the late 1800s through the mid-20th century. Wagner skillets often feature:

- “Wagner Ware” stamped in an oval or script
- Model numbers and size markings
- Slightly thicker cast walls compared to Griswold
- A characteristic “Made in USA” marking on many pieces

Wagner skillets have a loyal following and can be identified by their more utilitarian, robust design.

Lodge Cast Iron

Lodge is one of the oldest American cast iron manufacturers still in operation. While many Lodge skillets today are modern and mass-produced, vintage Lodge pieces from the early 1900s can be identified by:

- The word “Lodge” in block letters
- Size numbers inscribed on the bottom or handle
- Often a rougher surface texture compared to Griswold or Wagner
- A thicker, heavier build

Modern Lodge skillets sometimes mimic vintage styling but often have smoother finishes and modern logos.

Other Notable Brands

Besides the big three, you might encounter skillets from Birmingham Stove & Range (BSR), Favorite, or local foundries. Each has unique markings and design quirks worth researching if you find less common cookware.

Decoding Common Cast Iron Skillet Markings

Cast iron skillet identification often comes down to understanding the marks stamped on the pan. Here are some tips for decoding these:

- Numbers typically refer to size or model. For example, a “10” usually means a 10-inch skillet.
- Letters can indicate manufacturing plants or special product lines.
- Symbols such as crosses, ovals, or diamonds often relate to specific brands.
- Patent numbers or dates can be cross-referenced with historical records online.

Many collector websites and forums maintain detailed databases of markings, which can be invaluable when you’re trying to learn more about your skillet.

Tips for Caring for Identified Cast Iron Skillets

Once you’ve identified your skillet, proper care will help preserve it for decades to come. Here are some pointers tailored for vintage cast iron:

- Avoid harsh detergents—clean with hot water and a stiff brush.
- Season regularly with oil to maintain a natural non-stick surface.
- Dry thoroughly to prevent rust, and store in a dry place.
- If rust appears, use fine steel wool or a rust eraser to clean gently.
- Avoid cooking acidic foods in very old or heavily seasoned pans, as this can damage the seasoning.

Knowing your skillet’s brand and age can also guide whether it’s better suited for display or everyday use.

How to Use Online Resources and Communities for Cast Iron Skillet Identification

The internet is a treasure trove for cast iron enthusiasts. When the markings on your skillet aren’t immediately recognizable, these resources can help:

- Dedicated cast iron forums where collectors share photos and insights
- Online databases with images of brand logos and markings
- Social media groups focused on vintage cookware
- YouTube channels offering visual identification guides and restoration tips

Sharing photos and details of your skillet can often lead to quick and accurate identification from experienced collectors.

Exploring your cast iron skillet through an identification guide not only enriches your cooking experience but also connects you with a rich heritage of kitchen craftsmanship. Each skillet tells a story—whether it's a family heirloom or a find from a local market. Taking the time to understand the markings, materials, and history makes cooking with cast iron all the more rewarding and meaningful.

Frequently Asked Questions

How can I identify the brand of my cast iron skillet?

To identify the brand of your cast iron skillet, look for distinctive markings or logos on the bottom or handle. Many brands have unique stamps, numbers, or symbols. Comparing these markings with online cast iron skillet identification guides or databases can help pinpoint the manufacturer.

What features distinguish vintage cast iron skillets from modern ones?

Vintage cast iron skillets often have smoother cooking surfaces due to years of seasoning, unique logos or markings that differ from modern branding, and may feature heavier weight or different handle designs. Modern skillets might have more uniform finishes and different casting styles.

Are there specific markings that indicate a skillet is made by Lodge?

Yes, Lodge skillets typically have the word 'Lodge' cast into the bottom along with the size number. Some older Lodge pans also feature a magnolia tree logo. Recognizing these markings can help identify a Lodge cast iron skillet.

How do I differentiate between Griswold and Wagner cast iron skillets?

Griswold skillets often have a distinctive 'Griswold' script logo inside a cross or shield shape on the cooking surface or bottom, while Wagner skillets usually have a 'Wagner Ware' script logo with 'Sidney - O.' or 'Made in USA'. The logos and patent numbers can help differentiate the two.

What does the number stamped on the bottom of a cast iron skillet represent?

The number stamped on the bottom typically represents the skillet's size, usually in inches, indicating the diameter of the cooking surface. For example, a '10' usually means a 10-inch skillet.

Can the shape and size of the handle help identify a cast iron skillet's maker or era?

Yes, handle design can provide clues. Vintage skillets often have longer, thinner handles or unique shapes, while modern ones might have ergonomically designed or shorter handles. Some brands have signature handle styles which help in identification.

Are there resources or databases for identifying cast iron skillets by their markings?

Yes, several online resources and collector websites provide comprehensive databases and guides for cast iron skillet identification, including photos of logos, casting numbers, and historical information.

Does the skillet's weight help in identification?

While weight alone is not definitive, certain brands and eras produced heavier or lighter skillets. For instance, vintage Griswold skillets are often lighter and thinner compared to modern Lodge skillets, which tend to be heavier.

How can I tell if my cast iron skillet is authentic or a reproduction?

Authentic vintage cast iron skillets usually have well-defined, cast-in markings and a certain patina from age and use. Reproductions might have stamped or less detailed markings, inconsistent weight, or modern finishes. Researching the brand's typical characteristics and consulting expert guides can help verify authenticity.

Additional Resources

Cast Iron Skillet Identification Guide: Unlocking the Secrets of Vintage and Modern Cookware

cast iron skillet identification guide serves as an essential resource for collectors, culinary enthusiasts, and anyone interested in understanding the origin and authenticity of their cast iron cookware. With the resurgence of cast iron cooking's popularity, recognizing the characteristics of different manufacturers, production eras, and skillet types can enhance both the appreciation and proper usage of these durable kitchen tools. This guide delves into the nuances of identifying cast iron skillets, exploring brand marks, manufacturing techniques, and distinguishing features that separate a prized heirloom from a modern reproduction.

Understanding the Importance of Cast Iron Skillet Identification

Cast iron skillets have transcended generations, prized for their exceptional heat retention,

versatility, and longevity. However, not all skillets are created equal. Variations in manufacturing processes, foundry marks, and design details can reveal a skillet's origin, quality level, and approximate age, which in turn affect its value and performance.

The cast iron skillet identification guide helps users avoid counterfeit or low-quality products, ensuring they invest in cookware that meets their cooking needs and collector interests. Furthermore, identifying the skillet can guide proper care techniques, seasoning methods, and restoration approaches tailored to specific models or eras.

Key LSI Keywords

- vintage cast iron skillet
- cast iron pan markings
- antique skillet identification
- seasoning cast iron
- cast iron cookware brands
- restoring cast iron pans

Decoding Brand Markings and Manufacturer Stamps

One of the most straightforward ways to identify a cast iron skillet is by examining the markings on the bottom or handle. Many manufacturers stamp their logo, size, model numbers, or country of origin directly into the iron during casting. These marks act as a fingerprint, revealing the skillet's lineage.

For example, the renowned Lodge Manufacturing Company, one of the oldest and most trusted American brands, typically includes the company name and size number. Older Lodge skillets from the early to mid-20th century often have a smoother, more refined logo compared to their contemporary counterparts.

Similarly, Griswold and Wagner Ware are two highly collectible vintage brands whose skillets can be distinguished by unique logos:

- **Griswold:** Known for their cross logo or script "Griswold" stamped in an oval shape, often accompanied by a size number and the term "ERIE" to indicate their Pennsylvania foundry.
- **Wagner Ware:** Typically marked with "Wagner Ware" in a script or block font, sometimes including "Sidney - O" (Ohio) and size indicators.

In contrast, modern mass-produced cast iron pans may lack detailed branding or use simpler, less intricate stamps. Identifying these nuances is critical for differentiating between authentic vintage pieces and newer reproductions.

Spotting Antique Skillet Features

Antique skillets often showcase design elements that reflect the technology and aesthetics of their time. For instance, older pans may have a more rounded handle, a heat ring around the cooking surface, or thinner walls with a smoother finish due to the casting methods used in the early 1900s.

Many vintage skillets also feature a small pour spout on one or both sides, designed for easy draining of grease or liquids. The presence or absence of these spouts can hint at a skillet's era or intended use.

In addition, the texture of the skillet's cooking surface can offer clues. Early cast iron pans often have a smoother, almost polished surface, while modern pans may have a slightly rougher texture due to different sand molds and finishing techniques.

Comparing Modern vs. Vintage Cast Iron Skillets

The cast iron skillet identification guide cannot overlook the notable differences between vintage and contemporary models. While both types prioritize durability and heat retention, subtle distinctions exist in weight, design, and craftsmanship.

- **Weight and Thickness:** Vintage skillets tend to be lighter and thinner, making them easier to handle yet highly efficient. Modern skillets are often heavier and thicker, which can improve heat distribution but may challenge some users in terms of maneuverability.
- **Manufacturing Methods:** Sand casting was prevalent in earlier eras, resulting in smoother surfaces and finer details on the logo marks. Modern production often employs automated processes that can leave a rougher texture or less defined stamps.
- **Handle Design:** Older cast iron pans usually have longer, slender handles with a hole for hanging, while some modern versions incorporate ergonomic designs or helper handles for better grip.

Understanding these distinctions aids in accurate skillet identification and informs decisions about care and seasoning routines.

Using Size and Model Numbers for Identification

Many cast iron manufacturers include size and model numbers as part of their skillet markings. These numbers typically correspond to the diameter of the pan in inches or a proprietary numbering system unique to the brand.

For collectors and sellers, referencing these numbers against manufacturer catalogs or online databases can verify authenticity and production dates. For instance, a Lodge skillet marked number 10 usually refers to a 10-inch diameter pan, while Griswold's numbering system can be cross-referenced through historical documents to pinpoint manufacturing years.

Practical Tips for Identifying Cast Iron Skillets

A meticulous approach is vital when conducting cast iron skillet identification. Here are several practical tips to guide the process:

1. **Clean Gently:** Remove surface grease or rust carefully to reveal underlying markings without damaging the skillet.
2. **Use Magnification:** Employ a magnifying glass or smartphone camera to examine faint or worn stamps.
3. **Research Brand Logos:** Compare markings with verified images from collector forums, manufacturer archives, or online databases.
4. **Analyze Design Features:** Note details such as handle shape, pour spouts, and cooking surface texture.
5. **Consult Experts:** Engage with online communities or professional appraisers specializing in cast iron cookware.

These steps increase the likelihood of accurately identifying the skillet's origins and estimating its value.

Restoration and Care Considerations Based on Identification

Once a cast iron skillet is properly identified, owners can tailor restoration and maintenance practices accordingly. Vintage skillets, especially those crafted before the 1950s, often respond well to gentle cleaning and seasoning techniques that preserve the original finish.

For example, antique skillets may benefit from light abrasive cleaning to remove rust but should avoid harsh chemical treatments that could strip away the skillet's protective patina or markings. Seasoning with traditional methods—applying thin layers of oil and baking at moderate temperatures—helps build a durable, non-stick surface.

Modern cast iron pans, while generally more robust, may come pre-seasoned and require less intensive restoration. Still, understanding the manufacturer's recommendations, often accessible through the identification process, ensures the skillet's longevity and performance.

Market Value and Collectibility

The cast iron skillet identification guide also plays a crucial role in assessing market value. Certain brands, such as Griswold and early Wagner Ware, command premium prices among collectors due to their rarity and historical significance. In contrast, mass-produced modern skillets typically have lower resale value but excel in everyday cooking.

Identifying a skillet's provenance enables sellers to price items accurately and buyers to make informed decisions. Additionally, well-identified skillets with clear markings and preserved design features are more likely to attract enthusiasts and collectors.

Navigating the world of cast iron cookware requires a keen eye and informed perspective. The cast iron skillet identification guide empowers users to distinguish between brands, eras, and manufacturing nuances, unlocking the full culinary and historical potential of these timeless kitchen staples. Whether restoring a family heirloom or selecting a skillet for daily use, understanding the skillet's identity enhances both appreciation and practical handling.

Cast Iron Skillet Identification Guide

cast iron skillet identification guide: Skilletheads Ashley L. Jones, 2024-06-06 Part science and part personal preference, collecting and restoring cast-iron cookware is a complex art. For instance, what makes each company's cast iron unique? Do chemicals used during restoration leach into food? When it comes to surface finish, is textured or smooth better? In Skilletheads, the highly anticipated follow-up to Modern Cast Iron, Ashley L. Jones dives deeper than ever into the world of cast iron. In these pages, which feature over 100 full-color photos, you'll find expert advice on purchasing cast iron from some of the most active collectors in the field today; side-by-side comparisons of the major manufacturers in the US and interviews with each company; and detailed how-to guides for restoring cast iron, including such methods as lye baths, electrolysis tanks, and chemical products, all compiled with input from devoted Skilletheads. And because no book on cast iron is complete without a little cooking, Jones includes 35 mouth-watering recipes contributed by foodies who know cast iron best—everything from Sunday Frittata to Braised Chicken to Skillet S'mores. Whether you're interested in finding the perfect pan for your kitchen or starting a new hobby restoring cast iron, Skilletheads is here to help.

cast iron skillet identification guide: *The Everything Guide to Foraging* Vickie Shufer, 2011-05-18 If you're searching for the freshest fruits and vegetables to add to your diet, you don't have to look any further than your own backyard! With dozens of detailed illustrations, color photos, and more than 150 tasty recipes, this guide is your ultimate one-stop reference for identifying and harvesting the wild fruits and vegetables that grow in fields, forests, and even on your own lawn. Inside you'll find: In-depth descriptions of edible plants, including their likely locations Easy and delicious recipes for your wild harvest A primer on careful foraging techniques and conservation

ethics Essential information on poisonous look-alikes From clover and cattails to milkweed and mustard, this book will teach you how to collect and prepare some of the most common--and delicious--feral plants in America. And, more than just a way to a fantastic meal, this book will guide you to both a newfound confidence in your own abilities, as well as a greater appreciation of the natural world.

cast iron skillet identification guide: Mushroom Wanderland: A Forager's Guide to Finding, Identifying, and Using More Than 25 Wild Fungi Jess Starwood, 2021-08-17 The breathtaking beauty of mushrooms from a master forager: how to identify and use them in cooking, home remedies, and spirituality. Foraging for mushrooms is a meditative and rewarding escape. Even if readers aren't ready to head out into the woods, this enchanting visual guide is a welcome introduction to 25 easily identifiable species, organized by location and use. Author Jess Starwood has led hundreds of foraging trips, sharing her knowledge of nature with students. This, her first book, is a celebration of fungi—perfect for both beginner and longtime mushroom admirers. No matter their use, all mushrooms have specific characteristics that are easy to recognize with the right teacher. Under Starwood's guidance, readers will learn to identify caps, stipes, gills, and pores. They'll encounter species such as Reishi, Lion's Mane, Candy Cap, Chanterelle, and more; learn the best harvesting seasons; and enjoy delicious recipes using culinary favorites. But, above all, this guide will have readers growing their connection to nature and dreaming of the wonderful world of fungi.

cast iron skillet identification guide: On the Cains Brad Burns, 2020-03-24 A historical look at and current guide to the Cains River in New Brunswick. There is almost a mystical aura surrounding the Cains and its Atlantic salmon and brook trout fishery. Only about a third of it was ever settled and then lightly, and by the middle of the twentieth century settlers had all given up and the river reverted to completely wild, which it still is today. The book also explores the Cains's relationship with the Miramichi River, in particular the Black Brook, the biggest and most productive pool on the river. In low water, a substantial portion of the Cains's fall run of fish stacks up there waiting for rain.

cast iron skillet identification guide: Cast-Iron Cooking For Dummies Antwon Brinson, 2023-12-19 Become a cast-iron chef, thanks to this friendly Dummies guide Cast-Iron Cooking For Dummies will teach you everything you need to know to start using the classic cookware that chefs have loved for thousands of years. You'll learn how to pick the right cast iron tools for your needs, maintain your cookware, and cook foods to perfection. This book is also packed with healthy, diverse, and delicious recipes for meat, fish, stir-fry, and beyond. Cast-iron cookware is versatile, hardy, economical, and great at retaining heat. Well-seasoned cast iron can reduce the need for cooking oil and even makes food taste better. This easy-to-use guide comes complete with color photos and a guide to the best brands. Select the right cast-iron cookware for your daily needs Learn to properly season and maintain your cast-iron Master cooking techniques using versatile, professional cookware Find great recipes that will taste even better when you cook them with cast-iron This book is an excellent choice for home cooks, beginners, semi-pro cooks, professional cooks, campers, and outdoor cooks—basically anyone looking to cook with cast-iron!

cast iron skillet identification guide: Campfire Chronicles Barrett Williams, ChatGPT, 2024-11-26 Welcome to the warmth and wonder of Campfire Chronicles — the ultimate companion for transforming ordinary nights under the stars into unforgettable adventures. Whether you're a seasoned camper or setting off on your first outdoor exploration, this eBook is your all-in-one guide to mastering the magic of campfires. Begin your journey with an exploration of the historical significance of campfires, reminding us why these flickering flames have always held a special place in human culture. Move on to the art of campfire building, where you'll learn everything from selecting the perfect spot to gathering essential supplies and employing tried-and-true techniques to ignite your fire with confidence. Campfire Chronicles doesn't stop at building fires; it takes you on a culinary adventure with an enticing collection of easy-to-prepare recipes sure to tantalize your taste buds. Discover the joys of cooking over an open flame, using both traditional cookware and local

ingredients you can forage on your journey. Once the embers are glowing, delve into captivating storytelling with a treasury of classic campfire tales and tips for crafting your own mesmerizing yarns. Enhance the ambiance with a chapter dedicated to traditional songs and games that are sure to delight all ages. For those who crave a deeper connection with nature, explore nighttime wilderness exploration, including expert stargazing tips and exhilarating night hikes. Continue your exploration with essential safety tips and sustainable camping practices that ensure the great outdoors remains pristine for future generations. Beyond mere survival, this guide enriches your camping experience with rituals, cultural customs, and mindfulness techniques, all of which help you foster connections with your fellow campers and the natural world around you. Packed with reader-contributed stories and tips, *Campfire Chronicles* is a vibrant community in book form, ready to inspire the next generation of outdoor enthusiasts. Let the legacy of campfires light your path—embrace the adventure today.

cast iron skillet identification guide: *VESL for Cooking* , 1987

cast iron skillet identification guide: Handbook Series United States. National Bureau of Standards, 1976

cast iron skillet identification guide: Torqueflite A-727 Transmission Handbook HP1399 Carl Munroe, 2003-08-05 This book provides step-by-step instructions for how to modify Chrysler's 904 Torqueflite automatic transmission for drag racing, road racing, and circle racing. Topics include theory of operation, transbrakes/valve bodies, adapters, disassembly, modifications, assembly, adjustments, installation, high horsepower application, and torque converters.

cast iron skillet identification guide: Ultimate American V-8 Engine Data Book, 2nd Edition Peter C. Sessler,

cast iron skillet identification guide: Maintenance and Philosophy of Technology Mark Thomas Young, Mark Coeckelbergh, 2024-03-18 What can we learn about the nature of technology by studying practices of maintenance and repair? This volume addresses this question by bringing together scholarship from philosophers of technology working at the forefront of this emerging and exciting topic. The chapters in this volume explore how attending to maintenance and repair can challenge and complement existing ways of thinking about technology focused on use and design and introduce new philosophical perspectives on the relationship between technology, time and human practice. They examine the significance of maintenance and repair practices at different scales in relation to a diverse range of philosophical traditions and a wide variety of technologies, from urban infrastructure such as bridges and buildings to data technologies such as servers and software systems. Together, the contributions highlight common themes in the philosophical study of maintenance, including the role of skill, the significance of social values and the potential of these practices to transform the technologies to which they are applied. By reflecting on the different ways in which we keep technologies going, from the devices we use in our homes to the large technical systems which surround us, this volume reveals the philosophical significance of practices of maintenance, not only as a source of new insights but also as a resource for enriching our understanding of a variety of existing topics in philosophy. *Maintenance and Philosophy of Technology* will appeal to scholars and advanced students working in philosophy of technology, philosophy of engineering and science & technology studies. Chapter 9 of this book is freely available as a downloadable Open Access PDF at www.taylorfrancis.com under a Creative Commons Attribution-Non Commercial-No Derivatives (CC-BY-NC-ND) 4.0 license.

cast iron skillet identification guide: *NBS Handbook* , 1973

cast iron skillet identification guide: *The Breath of a Wok* Grace Young, Alan Richardson, 2013-06-25 Award-winning author Grace Young celebrates and demystifies the art of wok cooking for the Western home cook. When Grace Young was a child, her father instilled in her a lasting appreciation of wok hay, the highly prized but elusive taste that food achieves when properly stir-fried in a wok. As an adult, Young aspired to create that taste in her own kitchen. Grace Young's quest to master wok cooking led her throughout the United States, Hong Kong, and mainland China. Along with award-winning photographer Alan Richardson, Young sought the advice of home cooks,

professional chefs, and esteemed culinary teachers like Cecilia Chiang, Florence Lin, and Ken Hom. Their instructions, stories, and recipes, gathered in this richly designed and illustrated volume, offer not only expert lessons in the art of wok cooking, but also capture a beautiful and timeless way of life. With its emphasis on cooking with all the senses, *The Breath of a Wok* brings the techniques and flavors of old-world wok cooking into today's kitchen, enabling anyone to stir-fry with wok hay. IACP award-winner Young details the fundamentals of selecting, seasoning, and caring for a wok, as well as the range of the wok's uses; this surprisingly inexpensive utensil serves as the ultimate multipurpose kitchen tool. The 125 recipes are a testament to the versatility of the wok, with stir-fried, smoked, pan-fried, braised, boiled, poached, steamed, and deep-fried dishes that include not only the classics of wok cooking, like Kung Pao Chicken and Moo Shoo Pork, but also unusual dishes like Sizzling Pepper and Salt Shrimp, Three Teacup Chicken, and Scallion and Ginger Lo Mein. Young's elegant prose and Richardson's extraordinary photographs create a unique and unforgettable picture of artisan wok makers in mainland China, street markets in Hong Kong, and a wok-a-thon in which Young's family of aunts, uncles, and cousins cooks together in a lively exchange of recipes and stories. A visit with author Amy Tan also becomes a family event when Tan and her sisters prepare New Year's dumplings. Additionally, there are menus for family-style meals and for Chinese New Year festivities, an illustrated glossary, and a source guide to purchasing ingredients, woks, and accessories. Written with the intimacy of a memoir and the immediacy of a travelogue, this recipe-rich volume is a celebration of cultural and culinary delights.

cast iron skillet identification guide: Identifying Health Technologies That Work DIANE Publishing Company, 1996-09 The Federal government is the main sponsor of research to evaluate health technologies currently in use. The purpose of this report is to examine two crucial questions: what are we getting out of this investment?, & how can we improve it? Contents: behind the search for evidence; tools for effectiveness research; issues in improving effectiveness research; the state of cost-effectiveness analysis; the Federal role in health technology assessment; the development of clinical practice guidelines; & the impact of clinical practice guidelines. Glossary.

cast iron skillet identification guide: Identifying Health Technologies that Work , 1994

cast iron skillet identification guide: Products and Priorities United States. War Production Board, 1945

cast iron skillet identification guide: Hardware Trade Journal , 1959

cast iron skillet identification guide: Energy Management for Furnaces, Kilns, and Ovens Lawrence A. Wood, John F. Ward, Kenneth G. Kreider, 1977

cast iron skillet identification guide: Warman's Antiques and Their Prices Warman Rinker, 1988-05

cast iron skillet identification guide: Foraging Wild Edible Plants of North America Christopher Nyerges, 2016-01-01 Edible wild plants are nature's natural food source, growing along roadsides, sprouting in backyards, and blooming in country fields. North America's diverse geography overflows with edible plant species. From alyssum to watercress, chicory to purslane, *Foraging Wild Plants of North America* provides everything you need to know about the most commonly found wild greens with over 200 mouth-watering recipes. This full-color field and feast guide with images to the most common edible wild plants is the ideal companion for hikers, campers, and anyone who enjoys eating the good food of the earth. Look inside to find recipes such as: Stirfry Amaranth Yellow Pollen Pancakes Chickweed Deluxe Nettle Soup Root Coffee Earth Bread Cattail Stew Fennel Crunch Prickly Pear Ice Cream

Related to cast iron skillet identification guide

Présentation de Google Cast Google Cast offre des expériences multi-écrans de TV et d'audio avec des enceintes

Introducing Google Cast Google Cast delivers multi-screen TV and audio experiences with speakers. Casting is as simple as pressing a button from your favorite app. Watch your favorites on the TV while switching to

Presentamos Google Cast - Ayuda de Google Cast Presentamos Google Cast Google Cast ofrece experiencias de audio y televisión multipantalla con altavoces. Enviar contenido es tan sencillo como pulsar un botón en tu aplicación favorita

Presentamos Google Cast Con Cast, el teléfono es tu control remoto personalizado con el que puedes explorar, reproducir, pausar y hasta crear playlists. Puedes transmitir contenido a tu TV o a las bocinas desde

Представляем Google Cast Google Cast позволяет смотреть видео на различных устройствах и слушать аудио на колонках. Чтобы начать трансляцию, просто нажмите кнопку в приложении, где есть

Cast from Chrome to your TV - Streaming Help - Google Help When you cast a tab to a TV, a Display icon appears on the tab. When there's an active Cast session, on the right of the address bar, next to "Extensions," you can find the Cast connected

Streaming Help - Google Help Official Streaming Help Center where you can find tips and tutorials on using Streaming and other answers to frequently asked questions

Cast media from Google Cast-enabled apps to your TV or display Cast media from Google Cast-enabled apps to your TV or display Casting to your TV is a way to enjoy your favorite apps, like TikTok or Prime Video, optimized for the big screen. Or, broaden

Google Cast Help Official Google cast Help Center where you can find tips and tutorials on using Google cast and other answers to frequently asked questions

How to cast: A quick start guide - Streaming Help How to cast: A quick start guide Can't wait to cast? Get started with the quick start guide, or use these simple steps: Step 1. Plug in your Chromecast device Plug Chromecast into your TV.

Présentation de Google Cast Google Cast offre des expériences multi-écrans de TV et d'audio avec des enceintes

Introducing Google Cast Google Cast delivers multi-screen TV and audio experiences with speakers. Casting is as simple as pressing a button from your favorite app. Watch your favorites on the TV while switching to

Presentamos Google Cast - Ayuda de Google Cast Presentamos Google Cast Google Cast ofrece experiencias de audio y televisión multipantalla con altavoces. Enviar contenido es tan sencillo como pulsar un botón en tu aplicación favorita

Presentamos Google Cast Con Cast, el teléfono es tu control remoto personalizado con el que puedes explorar, reproducir, pausar y hasta crear playlists. Puedes transmitir contenido a tu TV o a las bocinas desde

Представляем Google Cast Google Cast позволяет смотреть видео на различных устройствах и слушать аудио на колонках. Чтобы начать трансляцию, просто нажмите кнопку в приложении, где есть

Cast from Chrome to your TV - Streaming Help - Google Help When you cast a tab to a TV, a Display icon appears on the tab. When there's an active Cast session, on the right of the address bar, next to "Extensions," you can find the Cast connected

Streaming Help - Google Help Official Streaming Help Center where you can find tips and tutorials on using Streaming and other answers to frequently asked questions

Cast media from Google Cast-enabled apps to your TV or display Cast media from Google Cast-enabled apps to your TV or display Casting to your TV is a way to enjoy your favorite apps, like TikTok or Prime Video, optimized for the big screen. Or, broaden

Google Cast Help Official Google cast Help Center where you can find tips and tutorials on using Google cast and other answers to frequently asked questions

How to cast: A quick start guide - Streaming Help How to cast: A quick start guide Can't wait to cast? Get started with the quick start guide, or use these simple steps: Step 1. Plug in your Chromecast device Plug Chromecast into your TV.

Related to cast iron skillet identification guide

5 Mistakes That Could Ruin Your Cast Iron Skillet (12d) Show it some TLC and your cast iron skillet can last a lifetime—or more. Many families have generations-old cast iron that's

5 Mistakes That Could Ruin Your Cast Iron Skillet (12d) Show it some TLC and your cast iron skillet can last a lifetime—or more. Many families have generations-old cast iron that's

How to Season a Cast Iron Skillet: A Guide for Lazy Cooks (Hosted on MSN7mon) No time or energy for a complicated seasoning process? No problem! Our guide will teach you how to season a cast iron skillet easily and still get a flawless finish. TRENDING! Printable Easter Outdoor

How to Season a Cast Iron Skillet: A Guide for Lazy Cooks (Hosted on MSN7mon) No time or energy for a complicated seasoning process? No problem! Our guide will teach you how to season a cast iron skillet easily and still get a flawless finish. TRENDING! Printable Easter Outdoor

How To Season A Cast Iron Skillet - It's Easy! (Hosted on MSN9mon) If you own cast iron, this guide will teach you how to season a cast iron skillet so your skillet is seasoned perfectly for cooking and baking. Photo credit: One Hot Oven. This page may contain

How To Season A Cast Iron Skillet - It's Easy! (Hosted on MSN9mon) If you own cast iron, this guide will teach you how to season a cast iron skillet so your skillet is seasoned perfectly for cooking and baking. Photo credit: One Hot Oven. This page may contain

Good Cheap Cast Iron Exists, But the Expensive Stuff Is Worth It (New York Magazine3mon) Cast-iron skillets are workhorses that can last a literal lifetime and then some. My favorite one, from Yeti, lives on my stovetop, a go-to piece because of its versatility. The material gets really

Good Cheap Cast Iron Exists, But the Expensive Stuff Is Worth It (New York Magazine3mon) Cast-iron skillets are workhorses that can last a literal lifetime and then some. My favorite one, from Yeti, lives on my stovetop, a go-to piece because of its versatility. The material gets really

Related Articles

- [modeling meiosis lab answer key](#)
- [almanac of the dead leslie marmon silko](#)
- [how long can you store breast milk](#)

[Back to Home](#)