

dallas cowboys training camp address

Dallas Cowboys Training Camp Address: Everything You Need to Know

dallas cowboys training camp address is a key detail for fans and visitors eager to experience the excitement and energy surrounding one of the NFL's most iconic teams. Whether you're a diehard Cowboys fan planning to attend practice sessions, a sports enthusiast wanting to soak in the atmosphere, or simply curious about where the team gears up for the season, knowing the exact location and additional information about the training camp is essential. Let's dive into everything related to the Dallas Cowboys training camp, including the address, what to expect, and tips for making the most out of your visit.

Where is the Dallas Cowboys Training Camp Located?

The Dallas Cowboys have a storied history filled with memorable moments, legendary players, and a strong fan base. Their training camp, a critical part of the preseason preparation, is held at a specific site that has become a hub for fans and media alike. The current official ****Dallas Cowboys training camp address**** is:

****The Star in Frisco****
9 Cowboys Way
Frisco, TX 75034

This state-of-the-art facility is not just a training ground but a massive complex that includes practice fields, an indoor stadium, offices, and even retail and dining options. Since moving their practice facilities to The Star, the Cowboys have invested heavily in creating an immersive environment for both players and fans.

About The Star in Frisco

Located about 25 miles north of downtown Dallas, The Star is more than just a training camp location. It serves as the Dallas Cowboys' world headquarters and a community hub. The complex spans over 91 acres and features:

- Two outdoor practice fields
- An indoor practice stadium with seating capacity for thousands
- A sports medicine and rehabilitation center
- Retail shops and restaurants
- The Ford Center, where many training camp practices are open to the public

Fans visiting the training camp at The Star often get a chance to watch players practice, participate in autograph sessions, and enjoy fan events that the organization hosts during camp season.

When Does the Dallas Cowboys Training Camp Take Place?

Knowing the ****Dallas Cowboys training camp address**** is only part of the experience—you also want to know when the camp is open to the public. Typically, the Cowboys' training camp begins in late July and runs through mid-August, culminating just before the regular NFL season kicks off in early September.

During this period, The Star welcomes fans to attend many of the practice sessions. The exact schedule can vary year to year, so it's a good idea to check the official Dallas Cowboys website or The Star's event calendar for up-to-date practice times, ticketing information, and any special events.

Public Access and Tickets

One of the unique features of the Dallas Cowboys training camp at The Star is the accessibility for fans. Unlike some NFL teams that keep their training camps closed or limited to media and personnel, the Cowboys encourage fan participation. Many practices are free or require a nominal ticket fee, and tickets can be obtained either online or at the venue, depending on the day.

To get the most out of your visit:

- Arrive early as popular practice days can fill up quickly
- Check the weather and dress accordingly since many practice fields are outdoors
- Bring sunscreen, water, and comfortable seating options if you plan to watch from the stands
- Follow the team's social media accounts for any last-minute changes or player appearances

How to Get to the Dallas Cowboys Training Camp

Finding the ****Dallas Cowboys training camp address**** is straightforward, but getting there smoothly is just as important. The Star is conveniently located in Frisco, Texas, a rapidly growing suburb known for its sports culture and amenities.

Driving Directions

From Dallas or Fort Worth, take the Dallas North Tollway northbound to the Panther Creek Parkway exit. The Star is clearly marked with signage, and parking is available on-site but can fill up quickly during peak practice times. It's advisable to arrive early to secure a good spot.

Public Transportation and Accessibility

While the Dallas area is predominantly car-dependent, there are some public transit options to Frisco. However, these are limited, and ridesharing services like Uber and Lyft are often the most convenient alternatives for fans without a personal vehicle.

What to Expect at the Dallas Cowboys Training Camp

Visiting the Dallas Cowboys training camp is more than just watching football drills—it's an immersive experience that provides a glimpse into the preparation, discipline, and camaraderie that goes into building a championship team.

Practice Sessions

During training camp, fans can watch the players warm up, run plays, and fine-tune their skills. Coaches often engage with the media and occasionally the fans, sharing insights on team strategy and player development.

Player Interaction and Fan Events

The Cowboys organization frequently hosts fan-friendly activities during camp, including autograph signings, photo opportunities, and youth clinics. This interaction allows fans to connect with their favorite players in a more personal setting than typical game day environments.

Facilities and Amenities

The Star offers plenty of amenities to make your visit comfortable and enjoyable. From food vendors and merchandise shops to shaded seating areas and indoor viewing options, the complex is designed with the fan experience

in mind.

Additional Tips for Visiting the Dallas Cowboys Training Camp

To make your trip to the Dallas Cowboys training camp as smooth and memorable as possible, consider these helpful pointers:

- ****Check the schedule in advance:**** Not all practices are open to the public, and some may require tickets.
- ****Plan for the Texas heat:**** Summer in Texas can be very hot, so staying hydrated and wearing lightweight clothing is important.
- ****Bring binoculars:**** While seating is close, binoculars can enhance your view of the action on the fields.
- ****Respect the players and staff:**** Remember that training camp is a professional environment. Follow all rules and guidelines set by the team and facility staff.
- ****Explore The Star:**** Arrive early or stay later to enjoy dining options, visit the team store, and take in the impressive architecture and exhibits.

Experiencing the Dallas Cowboys training camp at The Star offers fans a rare behind-the-scenes perspective on one of the NFL's most famous franchises. By knowing the correct ****Dallas Cowboys training camp address**** and planning your visit thoughtfully, you can create lasting memories and deepen your appreciation for the team's hard work and dedication.

Frequently Asked Questions

What is the address of the Dallas Cowboys training camp?

The Dallas Cowboys training camp is held at The Star in Frisco, Texas, located at 9 Cowboys Way, Frisco, TX 75034.

Where is the Dallas Cowboys training camp located?

The Dallas Cowboys training camp is located at The Star in Frisco, Texas.

Can fans visit the Dallas Cowboys training camp at The Star?

Yes, fans can visit the Dallas Cowboys training camp at The Star in Frisco, but it is recommended to check the official Dallas Cowboys website for visitor guidelines and schedules.

Is parking available at the Dallas Cowboys training camp address in Frisco?

Yes, parking is available at The Star in Frisco, where the Dallas Cowboys training camp is held.

What are the training camp hours at the Dallas Cowboys training facility?

Training camp hours may vary; it is best to check the Dallas Cowboys official website or contact The Star in Frisco for the most current schedule.

How do I get directions to the Dallas Cowboys training camp in Frisco?

You can get directions to 9 Cowboys Way, Frisco, TX 75034 using GPS or map services like Google Maps or Apple Maps.

Are there any COVID-19 protocols at the Dallas Cowboys training camp address?

COVID-19 protocols may be in place at The Star in Frisco; visitors should check the Dallas Cowboys official site for the latest health and safety guidelines.

Is the Dallas Cowboys training camp address the same every year?

Recently, the Dallas Cowboys have held their training camp at The Star in Frisco, Texas, but locations can change, so it's best to verify each season.

Can I attend Dallas Cowboys training camp practices at 9 Cowboys Way?

Yes, some practices at the Dallas Cowboys training camp at The Star in Frisco are open to the public, but attendance policies should be confirmed on the team's official website.

What facilities are available at the Dallas Cowboys training camp address?

The Star in Frisco features state-of-the-art facilities including practice fields, a stadium, fitness centers, and team offices used by the Dallas Cowboys during training camp.

Additional Resources

Dallas Cowboys Training Camp Address: A Comprehensive Overview of the Team's Preparatory Hub

dallas cowboys training camp address is a detail often sought by fans, analysts, and aspiring players eager to witness the team's rigorous preparation firsthand. As one of the most storied franchises in the NFL, the Dallas Cowboys' training camp serves not only as a physical and tactical ground for players but also as a cultural and operational nucleus where strategies are refined and team cohesion is built. Understanding the location, facilities, and significance of this address provides valuable insight into how the Cowboys maintain their competitive edge.

Locating the Dallas Cowboys Training Camp Address

The Dallas Cowboys hold their training camp at The Star in Frisco, Texas. The precise address is:

The Star in Frisco

9 Cowboys Way

Frisco, TX 75034

This modern facility doubles as the team's headquarters and practice complex, a significant shift from previous years when the Cowboys held training camps at external university sites or other facilities. The centralization of operations at The Star enables seamless integration between training, administrative functions, and fan engagement.

Why The Star in Frisco?

The decision to house the training camp and headquarters at The Star was strategic. Opened in 2016, this \$1.5 billion complex is one of the most advanced sports facilities in the world. The move to Frisco, a suburb north of Dallas, reflects the organization's commitment to innovation and state-of-the-art resources.

The Star offers an unmatched combination of indoor and outdoor practice fields, strength and conditioning centers, rehabilitation facilities, and offices. This comprehensive environment supports year-round training and player development, fostering a cohesive team culture.

Features of the Dallas Cowboys Training Camp Facility

Understanding the features of the Dallas Cowboys training camp address at The Star in Frisco reveals why it is favored by players, coaches, and staff alike. The facility is designed to meet the demands of an elite NFL team in every aspect.

Practice Fields and Equipment

The Star boasts multiple outdoor NFL regulation fields, including a stadium field with a seating capacity of approximately 12,000 spectators, often utilized for preseason games and public training sessions. Additionally, the complex includes indoor fields with turf surfaces, allowing for uninterrupted practice regardless of weather conditions.

Cutting-Edge Training and Rehabilitation Facilities

Player health and recovery are paramount in professional football. The strength and conditioning center at The Star is equipped with advanced machinery and technology to maximize athletic performance. The on-site rehabilitation center features hydrotherapy pools, cryotherapy chambers, and the latest medical diagnostic equipment, enabling swift injury assessment and treatment.

Support and Administrative Infrastructure

The Cowboys' coaching staff and front office benefit from integrated administrative spaces within the complex. Film rooms, meeting areas, and technology hubs allow for detailed game analysis and strategy development, facilitating effective communication and planning during training camp.

Accessibility and Fan Engagement at the Training Camp

The Dallas Cowboys training camp address is not only a functional site but also a hub for fan interaction. The Star in Frisco is designed to engage the Cowboys' vast fan base, providing multiple opportunities for supporters to connect with the team.

Public Training Sessions

One of the notable features of the training camp at The Star is the regular scheduling of open training sessions. Fans can attend these practices to observe player drills, witness rookies make their case for roster spots, and gain deeper insight into the team's preparation.

Events and Community Integration

Beyond training, The Star hosts a variety of Cowboys-themed events throughout the year, including autograph sessions, youth football camps, and charity initiatives. This community-oriented approach strengthens the bond between the franchise and its supporters.

Comparative Perspective: Dallas Cowboys Training Camp Address vs. Other NFL Teams

In the broader context of NFL training camps, the Dallas Cowboys' facility stands out for its scale and sophistication. While many teams still opt for university campuses or temporary sites, the Cowboys' investment in a permanent, multi-purpose complex illustrates a trend toward centralization and technological advancement.

Pros of a Dedicated Training Complex

- **Consistency:** Year-round access to the same facilities promotes familiarity and continuity.
- **Advanced Resources:** High-caliber equipment and medical support enhance player development and injury prevention.
- **Fan Engagement:** The ability to host public events and training sessions fosters a strong community connection.

Potential Drawbacks

- **Cost:** Building and maintaining such a facility requires significant financial investment.

- **Travel Considerations:** Players and staff may face longer commutes compared to college campus-based camps closer to their homes or universities.

Implications of the Training Camp Location on Team Performance

The centralized Dallas Cowboys training camp address contributes to both the physical and psychological readiness of the team. Proximity between players, coaches, and support staff allows for efficient communication, quicker adaptation to coaching strategies, and enhanced team bonding.

Moreover, the ability to conduct training in a controlled, technologically advanced environment reduces variables such as weather disruptions, which can impede practice effectiveness. Such predictability helps maintain consistent training schedules, crucial during the intense preseason period.

Impact on Player Recruitment and Retention

Top-tier facilities like The Star also play a role in attracting and retaining talent. Prospective players often consider the quality of training environments when making contract decisions. The Dallas Cowboys' investment in their training camp sends a clear message about the organization's commitment to excellence.

Navigating to the Dallas Cowboys Training Camp Address

For those intending to visit The Star in Frisco, clear directions and logistical information enhance the experience. The complex is conveniently situated near major highways, including the Sam Rayburn Tollway (Highway 121) and the Dallas North Tollway, providing easy access from Dallas and surrounding areas.

Parking is ample and organized to accommodate visitors during public events and training sessions. Additionally, Frisco's growing infrastructure offers numerous accommodation and dining options for fans traveling from out of town.

Visitor Guidelines and Security

Given the high-profile nature of the Dallas Cowboys, The Star maintains strict security protocols. Visitors attending public training camps or events must adhere to guidelines regarding permissible items, entry points, and conduct. It is advisable to review the official Dallas Cowboys website or contact their administrative office for updated visitor information prior to attending.

The Dallas Cowboys training camp address at The Star in Frisco represents more than just a physical location; it embodies a strategic asset central to the franchise's pursuit of success. From cutting-edge facilities to fan engagement opportunities, the complex reflects the evolving landscape of professional sports training environments. Whether you are a dedicated fan, a sports professional, or simply curious, understanding this address offers a window into how one of the NFL's premier teams prepares to compete at the highest level.

[Dallas Cowboys Training Camp Address](#)

dallas cowboys training camp address: The Address Directory of Celebrities in Entertainment, Sports, Business & Politics David R. Moore, 2005 This directory gives the reader mailing addresses of over 20,000 celebrities in the fields of entertainment, sports, business & politics. In addition, this directory gives biographical data such as birthdays, charities, hobbies and awards of the celebrities listed. Also included are question and answers to common letter writing techniques for the autograph collector, fundraiser or anyone wishing to contact a celebrity.

dallas cowboys training camp address: LIFE , 1967-12-01 LIFE Magazine is the treasured photographic magazine that chronicled the 20th Century. It now lives on at LIFE.com, the largest, most amazing collection of professional photography on the internet. Users can browse, search and view photos of today's people and events. They have free access to share, print and post images for personal use.

dallas cowboys training camp address: THE MAKING OF KING OF THE HILL Jimmy J. Smart, When King of the Hill premiered in 1997, television audiences encountered something revolutionary disguised as something ordinary. The show dared to find humor not in aliens or talking babies, but in a propane salesman's genuine pride in his work and a family's struggles with modern life. It was hailed as a show that should be considered alongside...the novels of Larry McMurtry as a significant work of American regional art, and Hank Hill was quickly recognized as one of the most honest portrayals of middle-class American masculinity ever animated. Now, with the much-anticipated 2025 revival, the show's legacy is being re-evaluated through a new and timely lens. This definitive book provides the first comprehensive analysis of the entire series, from its creative genesis and foundations to its enduring cultural impact and its triumphant return. Inside this deep dive, you will discover: The Creative Friction: An in-depth look at the symbiotic, and at times combative, partnership between co-creators Mike Judge and Greg Daniels that transformed a simple concept into a character-driven masterpiece. The Suburban Prophet: A breakdown of how Hank Hill's common-sense middle became a beacon of moderation in an increasingly polarized

world, and how his propane philosophy served as a metaphor for an entire way of life. *The Satire that Became Reality*: A compelling analysis of how Dale Gribble's once-absurd conspiracy theories about surveillance and data harvesting have become eerily prophetic in 2025 America. *The Quiet Revolution*: The full story of Bobby Hill's journey from a misunderstood middle-schooler to a confident, successful young adult, challenging and redefining what American masculinity can be. *The Return to Arlen*: A detailed exploration of the new revival, including Hank and Peggy's return from Saudi Arabia to a changed Arlen, and the poignant tributes to late voice actors like Johnny Hardwick and Jonathan Joss. This book is more than a guide; it is a celebration of a series that found universal truth in the particularities of a Texas suburb. It's a compelling look at why a show about a family and their friends still resonates so deeply with a new generation. *The Making of King of the Hill* is an essential read for anyone who has ever loved the show and wondered what the propane philosophy really means.

dallas cowboys training camp address: [Jet](#) , 1985-08-26 The weekly source of African American political and entertainment news.

dallas cowboys training camp address: 41 D Man of Valor Lisa Simmons, 2012-07-25 Every spouse of a law enforcement officer fears that middle-of-the-night phone call. Author Lisa Simmons has lived that nightmare. On February 7, 2008, her fifty-one-year-old husband Randy Simmons responded to a SWAT Call-Up in Winnetka, California, where he was tragically killed at the hands of a deranged man during an eleven-hour hostage rescue standoff that resulted in a quadruple homicide. In *41 DMan of Valor* Lisa tells the story of her husband's multifaceted life and of his amazing accomplishments both in and out of uniform. This biography narrates how Randy overcame trials and tribulations, how he put his faith in God, and how he worked tirelessly to better the lives of underprivileged children. It shares the details of his life as a devoted husband, father, mentor, minister, football coach, and twenty-seven-year-veteran of the Los Angeles Police Department. It discusses his death as the first in LAPD history of a SWAT officer losing his life in the line of duty, of his most unprecedented funeral, and of the awards he received following his death. With honesty, candor, and conviction, *41 DMan of Valor* delivers a true story about a man who continues to inspire as much in death as he did in life. It shows how his legacy lives on through the many people he touched. [RANDALSIMMONS.ORG](#) [RANDYSIMMONSSWAT.COM](#)

dallas cowboys training camp address: Trojans 1972: an Immortal Team of Mortal Men Bill Block, 2009-07-20 Bill Block's *Trojans 1972: An Immortal Team of Mortal Men* captures the story of 47 USC football players, beyond their glory days on campus and into their everyday lives as men. The 1972 Trojans are considered one of the greatest teams in the history of college football. They defeated Ohio State 42-17 in the 1973 Rose Bowl to complete an undefeated 12-0 season and were crowned national champions. Each chapter is a mini biography told through the eyes of each player. Each and every player from that 72 team whether as powerful as fullback Sam Bam Cunningham, as intellectually gifted as defensive back Marvin Cobb, or as massive as offensive lineman Pete Adams, eventually became one of us. A mortal. You'll find humor; you'll find sorrow; and you'll find football. Most of all you'll find lessons about being mortal.

dallas cowboys training camp address: It's a Mad, Mad, Mad, Mad Trip: On the Road of the Longest Two-Week Family Road Trip in History Kevin James Shay, 2014-06-26 *It's a Mad, Mad, Mad, Mad Trip* chronicles the adventures of a single Dad taking his two kids on a 6,950-mile odyssey across the USA and back during his two-week vacation. Along the way, they set a record for the longest family road trip in a roughly two-week span, certified by RecordSetter, a competitor of Guinness World Records. And they did it in their trusty 2001 Honda CRV with more than 165,000 miles. They rode roller coasters and water slides, tried to locate some Hollywood celebrities, met some aliens at a UFO center in Sedona, sat on a ledge on top of the country's tallest building in Chicago, spray painted Cadillac Ranch, dodged mule poop at the Grand Canyon, and bought a pressed coin at Old Faithful. They also visited Mount Rushmore, Vegas, Dallas, the Pro Football Hall of Fame, and many points in between. Their book also lends tips, websites and other info on attractions, fun facts, and more resources, so you can take your own Great American Adventure.

dallas cowboys training camp address: Step To This Toni Watkins, 2018-10-30 Tahj Wright is a very successful attorney. She ends a tumultuous relationship, with a man she thought loved her. On evening she decides to take a Swing-out class and meets Jaylon Warren who is also a successful attorney and very talented Swing-out dancer. Later, they decide to become versatile dancers and take on Chicago Style Steppin'. Hence, the romance begins. Vinson Day, the man from her past decides he wants to reconcile the relationship. He becomes an obsessed stalker, and the drama unfolds.

dallas cowboys training camp address: Lectionary Tales for the Pulpit Gregory L. Tolle, 2004 Jesus considered stories to be an essential teaching tool -- his preaching was filled with stories, and he used parables because he knew that people could relate to them. So if you're looking for a well-told, imaginative, and inspirational story that will take you right to the heart of the scriptures, the newest edition of CSS' popular Lectionary Tales for the Pulpit series is just the resource you need. Gregory Tolle draws on his gift of storytelling to illustrate Cycle A lectionary texts with thought-provoking, modern parables. This book is not only great for memorable preaching illustrations and sermon starters -- it's also a wonderful source for uplifting devotional reading. Greg Tolle offers contemporary and insightful illustrations -- as fresh as the morning's newspaper -- to bring the biblical message to life. Used to supplement lectionary sermons or to spark spiritual and homiletic creativity, Lectionary Tales for the Pulpit will enhance every minister's library. I highly recommend this book to anyone who endeavors to preach relevant sermons that people will remember for a long time to come. William G. Grice III Pastor, First Congregational Church (UCC) Des Plaines, Illinois These stories remind us that God's grace is always in our midst, working through both the common and everyday and through the profound and extraordinary encounters of our lives. The gospel is a profoundly personal encounter with God's grace, and the gospel shines through in these pages. Rev. Tolle's reflections are a testimony to the love of Christ in our midst, even in those experiences when we might least expect to find it. Mark Y. A. Davies Dean, Wimberly School of Religion and Graduate Theological Center Oklahoma City University Grounded in real human experience, Lectionary Tales for the Pulpit is insightful reading that helps bring the biblical witness to light week after week. It's a wonderful devotional guide for thoughtful Christians of any persuasion, even the occasional preacher who happens to be in a homiletic drought. William E. LaBarr Senior Pastor, Lake Cities United Methodist Church Lake Dallas, Texas Gregory L. Tolle is the senior minister at First United Methodist Church in Heavener, Oklahoma. A graduate of Oklahoma City University (B.A. in Religion) and Texas Christian University (M.Div.), Tolle has had numerous articles published in Group magazine. He also serves as the Youth Coordinator for the Oklahoma Conference of the United Methodist Church.

dallas cowboys training camp address: America's Game Michael MacCambridge, 2008-11-26 It's difficult to imagine today—when the Super Bowl has virtually become a national holiday and the National Football League is the country's dominant sports entity—but pro football was once a ramshackle afterthought on the margins of the American sports landscape. In the span of a single generation in postwar America, the game charted an extraordinary rise in popularity, becoming a smartly managed, keenly marketed sports entertainment colossus whose action is ideally suited to television and whose sensibilities perfectly fit the modern age. America's Game traces pro football's grand transformation, from the World War II years, when the NFL was fighting for its very existence, to the turbulent 1980s and 1990s, when labor disputes and off-field scandals shook the game to its core, and up to the sport's present-day preeminence. A thoroughly entertaining account of the entire universe of professional football, from locker room to boardroom, from playing field to press box, this is an essential book for any fan of America's favorite sport.

dallas cowboys training camp address: The Last Cowboy Mark Ribowsky, 2013-10-29 "An eloquent, honest tribute to a sports genius." —Publishers Weekly, Best 100 Books of 2013 As the coach during professional football's most storied era, Tom Landry transformed the gridiron from a no-holds-barred battlefield to the highly-technical chess match it is today. With his trademark fedora and stoic facade, he was a man of faith and few words, for twenty-nine years guiding "America's

Team” from laughingstock to well-oiled machine, with an unprecedented twenty consecutive winning seasons and two Super Bowl titles. Now, more than a decade after Landry’s death, acclaimed biographer Mark Ribowsky takes a fresh look at this misunderstood legend, telling us as much about our country’s obsession with football as about Landry himself, the likes of whom we’ll never see again.

dallas cowboys training camp address: Jet , 2006-09-04 The weekly source of African American political and entertainment news.

dallas cowboys training camp address: Upside Down Football Ted Kluck, 2016-12-08 The long snapper is perhaps the most overlooked and underappreciated position in football. He spends a great deal of his career bent over a football, with a guy either kneeling seven yards behind him or standing back at 15 yards. In a sense, the long snapper has one job—to go unnoticed. If he is noticed, it probably means he’s flubbed a snap—and for a long snapper, a single mistake can mean instant unemployment. In *Upside Down Football: An Inside Look at Long Snapping in the NFL*, Ted Kluck shares the unique stories of these often-unseen high-pressure athletes. To fully explore the art of long snapping, Kluck attempts to perfect his own long-snapping technique, enlisting NFL snapping super-agent Kevin Gold and former longtime NFL snapper Justin Snow to help him. He also learns from elite NFL special teams coach Gary Zauner, experiences the camp circuit via snapping guru Chris Rubio, trains with snapping coach Nolan Owen, and talks with Green Beret and college snapper Nate Boyer. *Upside Down Football* features in-depth interviews with players, coaches, agents, and scouts, introducing the reader to men who have snapped at the game’s highest level and to those who helped them get there. NFL and college football fans, along with long snappers of all levels, will enjoy this entertaining and enlightening perspective on the most underappreciated position in football.

dallas cowboys training camp address: A Semester in the Life of a Garbage Bag Gordon Korman, 2013-07-30 When luckless Raymond Jardine becomes Sean Delancey's eleventh-grade-English project partner, he persuades Sean's grandfather to pose as a long-deceased, obscure Canadian poet, in an effort to pass the course and win a vacation to a luxurious Greek island.

dallas cowboys training camp address: Tainted Love: A Nannies Novel Melody Mayer, 2008-12-24 Smart girls. Things are heating up between Kiley and Jorge . . . but the fire isn't out between her and Tom either. Tom's used to hanging out with gorgeous models—how can a girl from Wisconsin compete with that? The only way to cool off is at scuba class, except Kiley keeps having panic attacks. Is it because of the ocean—or her Bermuda love triangle? Crazy boys. Getting drunk and hooking up with Luis was not smart. That's why Lydia's decided to pretend the whole fiasco never happened. Why ruin what she has with Billy over one stupid mistake? But Luis won't take no for an answer. Crazier girls. Life's pretty sweet right now for Esme. She and Jonathan are free to be together, her artist-to-the-stars tattoo biz is booming, and the Goldhagens just gave her a raise. So when Tarshea, the girl Esme vowed to help, arrives in L.A. and begins to steal her life, Esme's not about to let it happen.

dallas cowboys training camp address: 9 to 5 Scientific American Editors, 2016-02-29 Everyday hundreds of millions of people go to work. Hours upon hours are spent at desks, in offices, in meetings, speaking to and collaborating with colleagues. But how many of those hours are productive ones? How can we make the most of those hours and become more successful? Many factors – personal, professional and psychological – combine to affect how we think, feel and act while on the job, which ultimately affects our productivity and success. In this eBook, *9 to 5: Your Mind at Work*, we look at some of these factors, including the physical office space, how to foster creativity and communication, the psychology of effective leadership, the benefits and importance of diversity and achieving work-life balance.

dallas cowboys training camp address: Vagos, Mongols, and Outlaws Charles Falco, Kerrie Droban, 2013-02-05 The basis for the hit TV series *Gangland Undercover!* *Vagos, Mongols, and Outlaws* presents the gripping account from an ex-con who went undercover to help the ATF

infiltrate three of America's most violent biker gangs. Despite lacking any experience with motorcycle gangs, Charles Falco infiltrated three of America's deadliest biker gangs: the Vagos, Mongols, and Outlaws. In separate investigations that spanned years and coasts, Falco risked his life, suffering a fractured neck and a severely torn shoulder, working deep under cover to bring violent sociopaths to justice. His dedication was profound; Falco spent almost three years infiltrating the Vagos gang and rose to second in command of the Victorville, California chapter. He even served time in San Bernardino's Murder Unit and endured solitary confinement to protect his cover and the investigations. Falco recorded confessions of gangland-style killings and nearly became a target himself before he sought refuge in the Witness Protection Program. But discontent to remain on the sidelines and motivated by a strong sense of duty, Falco eventually left the Program and volunteer his talents again to infiltrate the Mongols and Outlaws, rising in rank to Vice President of the Petersburg, Virginia Outlaws chapter. His efforts culminated in sixty two arrests of members for various crimes, including assault and murder. Executing one of this country's most successful RICO prosecutions and effectively crippling the criminal enterprise, Falco's engrossing narrative of the dangers of the biker underworld harkens back to Hunter S. Thompson's classic *Hell's Angels*, vividly recounting a life undercover.

dallas cowboys training camp address: Quintana & Friends John Gregory Dunne, 2013-12-12 "Dunne has a wicked eye for the telling details, an uncanny ear for the revealing phrase."—The New York Times. *Quintana & Friends* gathers thirty-three brilliant essays written by a pioneer of New Journalism between 1963 and 1978. John Gregory Dunne's gifts for keen reportage, subtle storytelling, and articulate opinion on full display, he covers topics ranging from the Hollywood machine to America's last fight club to departure day for young soldiers shipping out to Viet Nam. In a celebrated baseball essay, he follows San Francisco Giant outfielder Willie Mays as the slugger seeks to break the National League career home-run record, his portrait capturing a prickly veteran not shy, in an age before PR handlers for athletes, of expressing his annoyance with reporters. In "Sneak," Dunne brings us inside Twentieth-Century Fox's Minneapolis advance screening of the movie *Dr. Doolittle*. In "Quebec Zero," he spends 24 hours underground with a crew of four young men manning nuclear missiles aimed at the Soviet Union, Dunne's goal "to see how it worked on the mind, to have World War III only an arm's length away." In the title essay, Dunne writes of raising his adopted daughter Quintana with wife Joan Didion, speculating about the day the girl might wish to seek out her birth mother. In "Friends," he writes movingly of a best friend, screenwriter Josh Greenfield, father to an autistic son. "Eureka" celebrates Los Angeles. "Pauline" famously takes down revered New Yorker movie critic Pauline Kael. And in the much-discussed essay "Gone Hollywood," Dunne blasts the notion that the movie business is a destroyer of writing talent. "The ecology of Hollywood eludes them," he writes of those who bemoan the studio system's effects on writers. Echoing this point in the Kael essay, occasional screenwriter Dunne, making reference to an Upper West Side of Manhattan grocery store, famously declares: "The writers who fell apart in Hollywood would have fallen apart in Zabar's." Download this first-ever digital edition of *Quintana & Friends* and enjoy John Gregory Dunne at his wittiest, most observant, and powerfully eloquent best.

dallas cowboys training camp address: The Ticket Scott Boyter, 2009-06-01 Beyond the inside jokes, the fake bits and the banter, *The Ticket: Full Disclosure* gives you the complete low-down on how *The Ticket* got started. From the boys at the back of the bus to one of the most imitated sports talk radio stations on the air today, get the full story as told by the guys you tune in to hear on 1310 AM every day. On the occasion of *The Ticket*'s 15th anniversary, Ticketheads finally have a book revealing all the history and behind-the-scenes hijinks of the Marconi-winning radio station. The ultimate bathroom book for every good, strong P1, this is the true, unvarnished *Ticket* story of how Mike Rhyner and the gang evolved from press-box yuk monkeys to forming the core of one of the nation's most popular radio stations.

dallas cowboys training camp address: Boss Rove Craig Unger, 2012-09-04 Traces how Karl Rove has risen through the Republican party's ranks and is backing GOP candidates through

SuperPACs, examining his controversial actions to speculate on his goals for the party and the electoral system.

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